

Message from the Chair

Elaine suggests ways to keep motoring for less

View from the Dashboard

Jennie offers advice on preparing for winter trips

View from the Saddle

Colin looks for ways to sharpen skills over winter

News from the Committee

All the latest news from your committee members

Winter 2022



Driving

Quarterly newsletter of IAM Glasgow North Group

GROUP SUBSCRIPTIONS

Group Subs Fall Due Annually On 5th November - Have You Set Up A Standing Order For Your Payment Yet?

ROLL OF HONOUR

Full List Of Members Who Have Passed Their Advanced Tests Or Further Assessments



Winter 2022

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This group is run by volunteers and needs your input to help steer us in the right direction, both in terms of group activities and articles for our newsletter.

Driving

IAM Glasgow North Group

The Glasgow North Group of Advanced Motorists is a road safety charitable organisation registered with The Scottish Charity Regulator (OSCR) SC018356 and is affiliated with the Institute of Advanced Motorists (IAM).

The group was formed in 1978, is one of the oldest and largest in Scotland having in excess of 260 Members, is manned by volunteers who enthusiastically work to improve road safety by encouraging drivers and riders to improve their skills through coaching and critique.

At Glasgow North Group we recognise that our Members all have differing skills and that no matter how experienced a road user that we all have something to learn. We endeavour to make our Members safer drivers and riders in a fun and enjoyable way.

OFFICE BEARERS/TRUSTEES

Elaine Irvine *Chair*
<currently vacant> *Vice Chair*
Colin Cowan *Secretary*
Trevor Herrington *Treasurer*

CAR REPRESENTATIVES

Jennie Lee *Chief Car Observer*
Jim Bowles
Douglas Macallister

MOTORCYCLE REPRESENTATIVES

Colin Cowan *Chief Bike Observer*
David Coia
Tom Duncan
Tom Hatrick
Craig McCallum
Eric Ross
John Simpson

Driving EDITORIAL TEAM

Elaine Irvine
Jennie Lee
Colin Cowan
Tom Hatrick

CONTACT DETAILS

committee@iamglasgow.org

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NEWS FROM THE COMMITTEE



Welcome. We hope you enjoy reading this, the latest edition of our group newsletter.

Group subscriptions fall due every year on 5th November. The subscription rate for all Members is currently £10 per annum.

Some Members had enjoyed a discounted rate for early sign-up to the Standing Order scheme, but that discount has come to an end leaving a flat annual rate of £10.

If you haven't already set up a Standing Order to pay your £10 subs, you should do so now.

Standing Order offers an easy, foolproof way to ensure your subs are safely and timeously paid.

Use the account details provided alongside to set up the Standing Order for £10 per annum, payable on 5th November and using your membership number, initial and surname as the reference.

This ensures that your payment is correctly attributed to you and not another Member who shares the same surname.

You will notice that the committee has changed considerably following our recent AGM. Elaine talks more on this in her [Message from the Chair](#) but we would like to welcome Jennie Lee, Tom Duncan, Craig McCallum and John Simpson to the committee, and thank Moray Finlay, Fraser Hunter and Andrew Richardson for their dedication, good humour and camaraderie on the committee for more years than we'd care to mention!

Glasgow North Group of Advanced Motorists

OFFICE BEARERS/TRUSTEES

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Vice Chair <currently vacant>

Group Secretary Colin Cowan | 07766 530 346

Group Treasurer Trevor Herrington | 07874 110 360

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Colin Cowan | 07766 530 346 *Chief Bike Observer*

David Coia | 07831 249 270

Tom Duncan | 07887 835 321

Tom Hatrick | 07931 959 307

Craig McCallum | 07740 587 174

Eric Ross | 07789 811 630

John Simpson | 07974 961 350

ACCOUNT DETAILS

Account name: GNIAM Group

Sort code: 80-91-27 Account number: 00485454

Reference should be membership number then initial & surname, eg
123456 A SMITH

You can get in touch with any of the committee members using their contact details as provided above.

All that is left is for us to wish you a very merry Christmas and a happy and prosperous New Year.

The Committee
committee@iamglasgow.org

How to get in touch



www.iamglasgow.org



Glasgow North I.A.M



committee@iamglasgow.org

MESSAGE FROM THE CHAIR

ELAINE DETAILS THE CHANGES FOLLOWING THE RECENT AGM AND LOOKS AT OPTIONS AND TECHNIQUES TO HELP WEATHER THE ECONOMIC CRISIS SAFELY.



ELAINE IRVINE
Chair

A warm welcome to the Winter edition of our newsletter.

You may have noticed there is a distinct change to the picture at the top-right of this page which is usually of our Chair, Colin Cowan.

Last month's AGM brought several changes to the committee with the first change being that of our Chair.

Colin stepped down after a long tenure of 5 years, and has been replaced by myself, Elaine Irvine.

I would like to take this opportunity to say a huge thank you to Colin on behalf of the group for his dedication, skills, knowledge and for being the go-to for information and advice as well as steering us through a pandemic!

However, there is no rest for the wicked as he has now temporarily

stepped into the role of Secretary for the next year until someone else takes this role on. He also has moved into the Chief Bike Observer role so is going to be very busy.

I have stepped up from the relatively safe and quiet role of Vice Chair to take over from Colin as Chair and as the saying goes, he has left a huge set of boots to fill.

However, I do believe that we wear our own shoes/boots and I'm looking forward to seeing where my size 6 shoes take us!

Also at the AGM, Moray Findlay stepped down as Secretary. This has been a challenging role for Moray recently, given his external work commitments. With that in mind, Moray has spent a lot of time updating the database of Members, as well as redefining and restructuring the Secretary role.

turing the Secretary role.

As I said, Colin has stepped into this role for the time being but this is only temporary and we are still looking for someone to take this role on.

Our thanks to Moray for all the hard work he has done as record keeper, communicator, and correspondent for the group. Moray has also elected to step down from the committee at this time.

Our last major change at the AGM was to the Chief Bike Observer position. Eric Ross has been Chief Bike Observer for the last 4 years and has stepped down but will continue to be a committee member as well as being a key member of the Bike section. As I said earlier, Colin Cowan is now the Chief Bike Observer.

Jennie Lee is our new Chief Car Observer, taking over from Stuart Inglis and myself, and I'm sure you'll be hearing more from Jennie in the [View from the Dashboard](#) further on in this newsletter.

I would like to thank Andrew Richardson and Fraser Hunter, both of whom have been on the committee for many years but have recently made the decision to step down due to work commitments. Thank you for your time, input and commitment to the committee and for your contributions to the smooth running of the group.

I'm pleased to say that we are able to welcome some new mem-



bers to the committee and a warm welcome is extended to Tom Duncan, Craig McCallum and John Simpson. If you are interested in joining the committee, then there is no need to wait until the next AGM, please send an email or contact one of the office bearers for more information or to volunteer!

The forecast for this winter takes two forms; weather and economic.

Thankfully the weather so far has been relatively kind as we have only had rain and some light frosts. The coming months may not be so kind and there is the very real prospect of serious frost, snow and ice.

That in itself is usually enough of a hazard however we are currently dealing with an economic crisis and the longterm forecast for that is not good!

Fuel; whether petrol, diesel or electric; is all costing more as are tyres, servicing and repairs. We are all looking for ways to economise but safety should always be our first priority. I've had a look at how to save some pennies without compromising on safety when it comes to changing tyres for winter, fuelling up, and generally some special offers which might help.

It pays to shop about and that applies to our cars and bikes as well as our domestic utilities.

Starting with the tyres, it is really important to ensure your tyres are of sufficient tread, are at the correct pressure and are of good condition.

As tyres get older, the rubber composition becomes harder and less able to flex leading to cracks between treads.

This may not be visible on a quick inspection but can be very dangerous. Any of the major tyre providers such as [Kwik Fit](#), [National Tyres](#), etc will do a free tyre check.

If you intend to buy new tyres or change for winter tyres then shop

about before purchasing. Look for special offers and consider buying online.

Pay attention to the tyre rating ensuring you match the tread pattern and rating to that of your existing tyres or vehicle specifications.

All tyres have an EU tyre label which includes the fuel efficiency rating of the tyre - look for a high rating such as A or B to get the most out of your tyres and make them as efficient as your driving and riding!

Phone about to get the best prices but check out any online offers too. I have previously phoned a garage for tyre prices only to find the same tyres at a cheaper price on their website.

Look out for vouchers which you can use to reduce prices. There are also online tyre providers such as [BlackCircles](#) or [Oponeo](#), to name but two of them, which offer deals on tyres and will deliver them to a garage near you for fitting.

Buying fuel is a major expense and I'm lucky that I can walk to work which is saving me a fortune in petrol.

No matter if you have to drive or ride for social or work purposes, we are all keeping an eye on the fuel prices in order to save. Thankfully the prices have come down a little but not enough. Use fuel comparison sites such as [petrolprices.com](#) which can help locate the cheapest fuel near you.

As advanced riders and drivers we are always looking ahead and planning our route to be as smooth and safe as possible.

This skill is invaluable as we are already being fuel efficient, easy on our brakes, clutch, engine etc, and driving sympathetically.

Avoiding potholes which may damage our vehicles is almost impossible given the state of the roads but by looking ahead we can

pick the safest and least damaging route.

Some other tips are:

- Allowing the vehicle to heat up before we move off will minimise wasted fuel and is also gentler on the engine – but don't let it idle for too long!
- If you have heated seats or steering wheel, turn them off when no longer needed as they too will increase your fuel consumption.
- Turn off the air-conditioning now that the summer is gone, and use your heater instead.
- Shorter journeys or car sharing may be options you can look at to minimise costs.
- Making sure your vehicle is well serviced ensures you are getting the best mileage to the gallon.
- Empty your boot and ditch the roof rack – on average every 50kg extra weight will increase your fuel consumption by 2%.
- Wash your car yourself instead of going through the car wash. This is also an excellent opportunity to check the bodywork and tyres for any damage.

Other offers which may be of interest can be found on the [IAM Roadsmart website](#).

Log into your account to access the membership dashboard and there you will find a whole section called My Benefits.

Your RoadSmart membership gives you access to great deals on insurance, new cars, breakdown cover and tyres, as well as savings on travel and days out and big-name lifestyle brands.

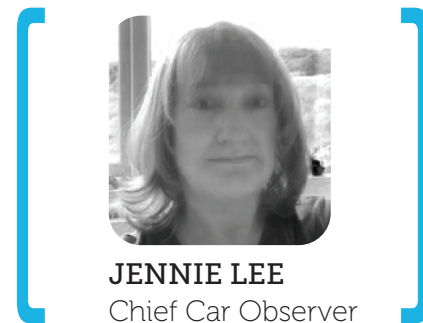
I wish you all safe driving and riding over the winter.

Elaine

Elaine Irvine | 07979 370 904
committee@iamglasgow.org

VIEW FROM THE DASHBOARD

JENNIE OFFERS INVALUABLE ADVICE FOR WINTER MOTORING; FROM SAFETY TIPS ON THE ROAD TO PLANNING FOR A WINTER EMERGENCY.



Breakdowns and accidents are more common in the winter when road conditions are challenging.

Here are my top tips for driving in winter and staying safe on snowy and icy roads.

Avoid an accident in winter

The roads can be dangerous in winter when there's snow, ice or sleet. The top tip is to take it slow.

Stopping distances can be up to 10 times greater when it's icy. Gentle manoeuvres and slow speeds are the key to safe driving in ice and snow.

In the season of winter colds, don't drive with a cold if you're feeling unwell and are on any medicine that could make you drowsy. It could affect your reaction times.

Allow extra time for winter journeys. Plan routes around major roads, which are more likely to be cleared and gritted.

Try to get ready at least 10 minutes early to give you time to de-ice and prepare the car.

Don't drive like a tank driver with just a tiny patch of windscreen to see out of.

Make sure all your windows are clear of ice, snow and condensation before you set off.

Air-con demists the screen faster and reduces condensation. Keep the windscreen and other windows clear of dirt and snow to avoid a fine.

Clear snow from the roof as it can fall onto the windscreen and block your view, or fly off and obscure the view of other road users.

Replace worn or damaged wiper blades. Don't leave your wipers on auto when you park up if there's a risk of frost. If the blades freeze to the screen, you could damage the blades or wiper motor when you turn the ignition on.

Use a suitable additive in your screenwash to reduce the chance of it freezing.

Make your car as visible as possible. With shorter days and more chance of rain, sleet and snow, there can often be poor visibility when driving in winter.

Make sure all your car lights are working and the lenses are clean. If the roads are really mucky, you might have to clean your lights after every trip. Keep number plates clean to avoid fines.

If you have to clear snow, don't forget the number plates and lights – both front and back.

You must use headlights when visibility is seriously reduced. If you have to use fog lights, remember to switch them off when visibility improves so they don't dazzle other drivers or obscure your brake lights.

The recommendation for winter is to have at least 3mm of tread on your tyres.



BREAKDOWNS AND ACCIDENTS ARE MORE COMMON IN THE WINTER WHEN ROAD AND WEATHER CONDITIONS ARE CHALLENGING; WITH SNOW, ICE, OR SLEET

Don't be tempted to let air out of your tyres to get more grip – it doesn't work and is extremely unsafe.

Only use snow chains if there's enough snow to prevent damage to the road. Also, consider getting winter or all-season tyres – these are made from a special rubber compound that gives better grip in cold, wet conditions.

Car batteries rarely last longer than 5 years. There are extra demands on them in the winter thanks to lights, heating and wipers being used more often, and the battery produces less current as the temperature drops.

Turn off electrical loads like lights, heated rear window and wipers before trying to start the engine. Use the starter in short 5-second bursts.

If the engine doesn't start quickly, wait 30 seconds between attempts. If you don't use your car on a regular basis, consider giving it a regular overnight trickle charge.

Antifreeze only costs a few pounds, but a frozen and cracked engine costs hundreds to repair.

You need a 50-50 mix of antifreeze and water for the winter – this protects your engine right down to -34°C. Most modern cars use long-life antifreeze but some types of antifreeze need changing after only 2 years. Make sure you use the right type and check your service schedule.

A continuous squealing noise when you start up may mean the water pump's frozen – the squealing sound is the fan belt slipping on the pulley.

Stop the engine straight away and let it thaw out. This could take days unless you can move your car into a heated garage.

If your car overheats a few miles from home, it's likely that the radiator has frozen. Stop straight away

so you don't cause more serious damage.

Driving on winter roads

Wear comfortable, dry shoes for driving so your feet don't slip on the pedals. Check fuel levels – have at least quarter of a tank in case of unexpected delays.

If you drive an automatic, check your car's handbook – some have a winter mode or recommend selecting '2' in slippery conditions.

Pull away in second gear, easing your foot off the clutch gently to avoid wheel-spin. If you have to use your brakes, apply them gently.

When driving uphill, aim to leave plenty of room between other cars or wait until it's clear so you don't have to stop part way up.

Keep a constant speed and try to avoid having to change gear on the hill.

When driving downhill, try to slow before the hill, use a low gear when descending and try to avoid braking. Leave as much room as you can after the car in front.

If you get stuck in snow or ice, straighten the steering and clear the snow from the wheels. Put a sack or old rug in front of the driving wheels to give the tyres some grip.

Carry the essentials in your car

There are a few essentials you should keep in your car when you're driving in winter. These will help you deal with ice, snow and dark winter nights. You will need:

- Ice scraper and/or de-icer
- Torch and spare batteries
- First aid kit

You should also keep a fully-charged mobile phone and power bank. That way you can let friends or relatives know if your journey's taking longer than usual or call for help in an emergency.

No matter how safely you drive, there's still a chance you could get stuck somewhere in poor weather.

Pack a winter emergency kit, just in case. That way you'll be prepared for a long wait in the cold. You should include:

- Warm clothes and waterproofs
- High-vis reflective jacket(s)
- Sturdy footwear
- Hot drinks and snacks
- Shovel and jump leads
- Warning triangle(s)

Hopefully you'll not have occasion to use your emergency kit, but it's far better to be safe than sorry.

As always, safe driving.

Jennie



Don't forget that freezing weather might produce awful potholes...but hopefully not this deep!

VIEW FROM THE SADDLE

COLIN MAKES SUGGESTIONS ON HOW TO IMPROVE YOUR SKILLS OVER WINTER BY RIDING OFF-ROAD OR FURTHER READING ON MOTORCYCLE CONTROL.



Normally at this time of year you would be reading about the impending poor weather, and either all the hints and tips for getting through a winter on your bike or how best to store it until the temperature picks back up.

If that's what you are looking for then let me know and I'll send you a copy of the excellent article by Eric in last winter's newsletter!

As the new Chief Bike Observer I thought I would change it up a little and have you think about your next two wheel experience.

At this time of year some people are thinking about getting off-road and having a play in the mud; I know if I had the time and a bike capable of going off-road I'd be out there with [Bill](#) and [Nigel](#) on their [Love Big Bike Adventures](#).

If you haven't seen what they get up to it is well worth a look on YouTube.

Not only will these off-road antics keep your skills from rusting over the winter when your bike would normally be tucked away but they'll actually go a long way to improving your overall bike control and confidence on two wheels.

While getting cold and wet heading off-road isn't for everyone, some people start their winter riding plan by looking into a foreign trip and hiring some bikes at their destination.

You are only limited by your imagination, budget, and available time off work (unless you're also lucky enough to be retired).

I have seen a few trips posted over the years on the group's [Facebook](#) page, so it's always worth a look if you are thinking of a trip on the bike to a warmer climate this winter, and if you are the planning type feel free to post your plans on the group's [Facebook](#) page as

you may well find some friends to join you – you would be surprised at the number of people just looking to join in on a pre-planned trip; I know I'd love to but again time isn't on my side!

By the time you're reading this our winter riding sessions should be underway. We normally take a few weeks off between the end of the season and the start of our winter timetable, which starts this year on 3rd December runs every two weeks (with another wee break for the festive period).

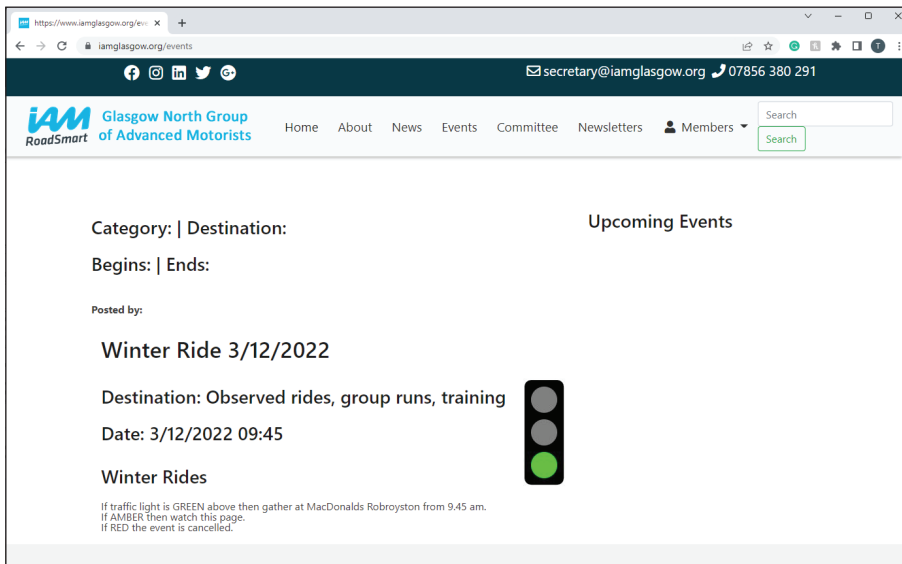
You will find all the winter dates on the group [website](#) – these winter sessions differ from the normal runs due to the time of year.

We start out a wee bit later to allow the temperature to get above 4°C. We also run a traffic light system on the website to keep everyone informed of the run status, and Eric will also post a copy of the run's traffic light on the group's [Facebook](#) page.

Hopefully this will let you know whether the ride is going ahead



THESE OFF-ROAD SKILLS WILL
ACTUALLY GO A LONG WAY TO
IMPROVING YOUR OVERALL
BIKE CONTROL AND CONFIDENCE ON TWO WHEELS



(green light) or not (red light).

If the run status shows amber then it will be further assessed on the Friday evening and/or Saturday morning prior to the ride.

As a road safety charity we will only hold each ride if the weather conditions allow for a safe session, and while we make the decision whether each run to go ahead it will still fall to you to make the decision regarding your individual safety on the morning of the session.

I have seen it some years where the better weather falls doesn't articulate with our ride timetable, and many of our regulars meet up for their own run so again, keep a close eye on [Facebook](#).

Now for those of you who wish to tuck your bike away for the winter and to stay warm at home, then all is not lost.

You could be catching up on some reading to see if there are any new chunks of information out there to improve your riding, and please don't think that you are getting lumbered with some tedious homework while others are out playing in the mud or sunshine because I'm sure they'll be reading them too – either when on flights to or from that sunny place or while waiting for a mild injury to heal after an encounter with a slippery

muddy puddle out on the trail.

Hopefully you are all aware of the changes made to the [Highway Code](#), so now might be the ideal time to catch-up on those changes (especially if you haven't already done so).

Or how about a wee refresher on the [Know Your Traffic Signs](#) book?

Links to both can be found on the group [website](#) where you can download a pdf version and view it on your phone, tablet or computer.

It could be that you passed your advanced test quite a while ago; when was the last time you read [How to become a better Rider](#), and for those newer to advanced riding, the [Advanced Rider Course Log-book](#)?

I'm sure you have also heard of [Motorcycle Roadcraft: The Police Rider's Handbook](#) and will not need reminding of this resource.

If you are an Associate reading this, this book is the basis for all that we ultimately do in advanced riding so it's well worth having a read especially if you'd like to bulk out your knowledge and understanding of the system of motorcycle control.

It also works wonders if you find it tricky nodding-off to sleep at night!

There is no end of books and

YouTube videos on the subject of motorbikes and motorcycling, but chose wisely as not all are created equal.

If you get through [Roadcraft](#) and are looking for further reading recommendation to help improve your knowledge and understanding, just let me know and I'll be happy to direct you towards appropriate materials.

I'm not just going to leave you reading books but if you have expanded your knowledge and wish to do the same with your skills, we will be holding our annual Slo-Mo day in May which will put your slow machine control to the test.

If you are looking for something a little faster I'm sure that [IAM RoadSmart](#) will be holding a Skills Day at the Croft race circuit (no dates currently known) and [Mick Kinghorn](#) has a Skills Development Day already in the [diary](#) for 19th June (also at Croft).

These days run on a closed circuit and are all based on the same advanced motorcycle control that you develop in the group except you can view it as your favourite stretch of road that you get to go round without any oncoming traffic, potholes, mud on the road, or street furniture to get in your way, so it's a great, safe controlled environment in which to see what you and your bike can really do when working together by fine tuning your inputs and controls to put the bike exactly where you want it, when you want it and at the speed you want it so that you are riding the bike and not feeling like just a passenger.

I hope you all have a wonderful festive season and wish you a happy new year.

Safe riding.

Colin

Colin Cowan | 07766 530 346

ROLL OF HONOUR



THIS SEASON 16 OF OUR MEMBERS PASSED THEIR ADVANCED TESTS OR FURTHER ASSESSMENTS. THEY ARE LISTED HERE IN RECOGNITION OF THEIR ACHIEVEMENTS.

NATIONAL OBSERVER

Eddie McCann 🏍️

LOCAL OBSERVER ASSESSOR

David Coia 🏍️

Colin Cowan 🏍️

Iain Ellis 🏍️

LOCAL OBSERVER

Craig McCallum 🏍️

MASTERS

Iain Ellis 🏍️

ADVANCED TEST (F1RST)

Douglas Berry 🏍️

Simon Foy 🏍️

Grant Hutchison 🏍️

Raymond Wang 🏍️

ADVANCED TEST (PASS)

Michael Cearns 🏍️

Callum Hastie 🏍️

Lynne Hastie 🏍️

Andrew Hendry 🏍️

Thomas Leesker 🏍️

Alastair Ross 🏍️

Wallis Weir 🏍️

Now that you've passed you are in a prime position to drive road safety standards upwards. Obviously you will continue to practise the skills and techniques that you have developed whilst preparing for your test or assessment, and ensure that your roadcraft remains at the high level that you have demonstrated you are capable of.

Why not take the next step and consider becoming an Observer? Observing is a thoroughly rewarding and enjoyable way to help make our roads safer by coaching and mentoring drivers and riders to be the very best that they can be.

Existing Observers will tell you that the pleasure and satisfaction of hearing that your latest Associate has passed their advanced test is a wonderful feeling, and the gratitude and thanks you'll receive will make you realise the massive difference you can make.

Remember how you felt when you passed your advanced test? Well now you can help others to experience that elation by helping them to develop advanced skills through your skill and encouragement.

If you would like to find out more about becoming an Observer please get in touch with any committee member.

Contact details for the committee members can be found [here](#).

WINTER RIDES 2022/23

Glasgow North bike section move to their winter rides schedule on Saturday 3rd December.

Winter riders should assemble at McDonalds, Robroyston around 10.00am for a 10.30am departure.

Winter rides take place every second Saturday through winter, subject to weather conditions.

Information on each ride will be posted on the [Events](#) page of the group website from the Wednesday before the ride.

All Associates, Members and Observers are welcome and, subject to numbers, observed rides, group rides and training runs for Observers will be held.

The dates for winter rides are as follows:

- 3rd December 2022
- 17th December 2022
- 7th January 2023
- 21st January 2023
- 4th February 2023
- 18th February 2023
- 4th March 2023
- 18th March 2023

Please check the [Events](#) page of the group website from the Wednesday before the ride for further information.

A traffic light system is set up to give instant confirmation of the status of the ride in case of inclement weather, etc.

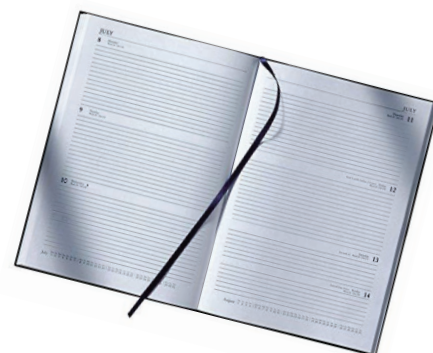
Further information on the winter bike sessions can be found [here](#) on the group website.

As always, ride safe.

Tom Hatrick
Motorcycle Representative

DATES FOR YOUR DIARY

DETAILS OF UPCOMING GROUP ACTIVITIES, MEETINGS AND EVENTS. FURTHER INFORMATION IS AVAILABLE ON THE GROUP WEBSITE AND FACEBOOK PAGE.



We have an exciting programme of online meetings and events planned for next season. See below for a slice of activities over the next few months.

The Committee

committee@iamglasgow.org

Jan 2023

Saturday 28th

Observers' Night Out

This is a chance to meet fellow Observers in an informal setting.
Venue tbc

Feb 2023

Tuesday 7th

David Morrison presents

This is the first of eight online presentations to be made weekly by David Morrison.
Online, via Zoom
19.30 start

March 2023

Wednesday 8th

Group night - tbc

This event is subject to confirmation. Details will be published via the group website and facebook page once confirmed.
Venue tbc

Saturday 11th-Sunday 12th

Scottish Motorcycle Show

Your chance to see a wide range of bikes, celebrities and manufacturers, as well as other trade stands and stalls.
Royal Highland Centre, Ingliston

Friday 17th-Saturday 18th

Bike Training event

Training event being held in the Scottish Borders.
Venue tbc, Melrose

Wednesday 22nd

Bike Associates Pre-Season Meet

This event is subject to confirmation. Details will be published once confirmed.
Venue tbc

April 2023

Saturday 1st

Saturday Bike Meets commence

This marks the start of Saturday morning bike meetings.
Robroyston Retail Park
09.15 for 09.30 start

Wednesday 12th

Wednesday Bike Meets commence

This marks the start of Wednesday evening bike meetings.
Crow Road Retail Park
18.15 for 18.30 start

Group night - tbc

This event is subject to confirmation. Details will be published once confirmed.
Venue tbc

May 2023

Wednesday 10th

Group night - tbc

This event is subject to confirmation. Details will be published once confirmed.
Venue tbc

Sunday 28th

Glasgow North Bike Slo-Mo Day

This event is a fantastic chance to practise your slow control.
Venue tbc

Jun 2023

Wednesday 14th

Group night - tbc

This event is subject to confirmation. Details will be published once confirmed.
Venue tbc

Monday 19th

Bike Skills Development Trackday

This event is designed for riders to develop riding skills in a safe environment. Click [here](#) for further details.
Croft Circuit, near Darlington

HAVE YOUR SAY



We all participate in the group, albeit with different levels of activity. Elaine has asked for feedback, which we would love to hear; Observers are being sought for group training, which we would be delighted to find; and contributions have been requested for the newsletter, which we would be thrilled to include.

Have you been on a trip to somewhere unusual or exciting? Have you participated in an event? Have you pearls of wisdom to share? Have you heard any good jokes or stories? Can you participate in any other way?

We would like to hear from you – whatever your idea – in an effort to improve the newsletter and keep it relevant. Email your suggestions to editor@iamglasgow.org

Over to you...

<< your input goes here >>